



Call us for your next exam:

#### **Cherokee**

Cherokee County Public Health Department  
400 South Logan Street  
Gaffney, S.C. 29341  
Phone: (864) 487-2705

#### **Greenville**

Greenville County Public Health Department  
200 University Ridge  
Greenville, S.C. 29602  
Phone: (864) 282-4168

J. Verne Smith  
Human Resource Center  
202 Victoria Street  
Greer, S.C. 29687  
Phone: (864) 848-5360

#### **Pickens**

Pickens County Public Health Department  
200 McDaniel Avenue  
Pickens, S.C. 29671  
Phone: (864) 898-5978

#### **Spartanburg**

Spartanburg County Public Health Department  
151 East Wood Street  
Spartanburg, S.C. 29305  
Phone: (864) 596-2227

USC Upstate Student Health Services  
University of South Carolina Upstate  
800 University Way  
Spartanburg, S.C. 29303  
Phone: (864) 596-2227 or (864) 503-5191

Tobias Public Health Clinic  
Roy C. Henderson Opportunity Center  
154-C George Washington Carver Drive  
Spartanburg, S.C. 29306  
Phone: (864) 596-2227 or (864) 598-6092

#### **Union**

Union County Public Health Department  
115 Thomas Street  
Union, S.C. 29379  
Phone: (864) 429-1690

To locate a public health department  
near you please call:  
**(800) 868-0404**



[www.scdhec.gov](http://www.scdhec.gov)

South Carolina Department of Health  
and Environmental Control

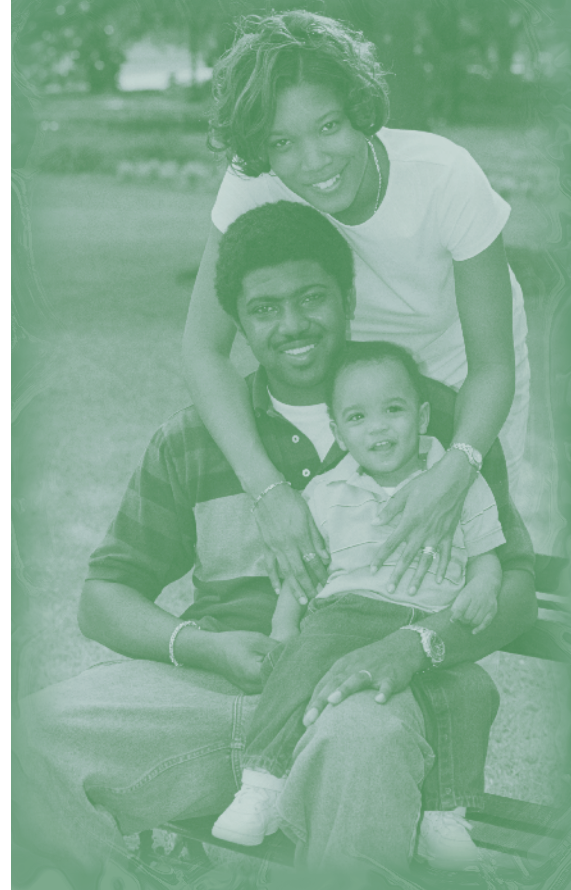
Public Health Region 2

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# Family Planning program

Your Family Planning Visits



South Carolina Department of Health  
and Environmental Control



## Family Planning Visits

The South Carolina Department of Health and Environmental Control (DHEC) Family Planning Program provides information and services that can help you make family planning decisions and learn what you need to know to stay healthy.



You will receive private and confidential services provided by a caring, professional staff. You can receive quality health care at affordable rates. Even if you have insurance you can save money. Services are based on a sliding fee scale, which means you pay according to your income. Fees are due at the end of each visit.

A nurse will gather information about your health, your family's health, your menstrual cycle, sexual activity, birth control use and past pregnancies.

Several measurements and lab tests may be done to check your health, and you may receive a physical exam prior to receiving a birth control method. Your visit may include:

- ◆ Height, weight, and blood pressure evaluation
- ◆ Breast exam
- ◆ Pap testing
- ◆ Pelvic exam
- ◆ Pregnancy testing and counseling, if needed
- ◆ Other lab tests, if needed, and
- ◆ Immunizations, if needed.

The results of your check-up and lab tests will be explained to you. Family Planning staff will help you choose an appropriate method of birth control and teach you ways to stay healthy. They'll answer any questions you may have. You will receive birth control method education and counseling, including information on natural family planning and abstinence. Methods of birth control available at most public health department locations include:

- ◆ Pills
- ◆ Foam
- ◆ Shots
- ◆ Condoms
- ◆ Patches
- ◆ Rings
- ◆ IUDs
- ◆ Implant



Emergency birth control pills are also available at most health department locations.

Referrals are provided for the following services not offered by the public health department:

- ◆ Adoption
- ◆ Specialized medical care
- ◆ Infertility treatments
- ◆ Genetic counseling, and
- ◆ Sterilization (male or female).



We now offer open access appointments at most locations. Open access allows clients to schedule an appointment for clinical services to be seen the same day or the following day.

*If you have a contraceptive emergency after hours, please call your private physician or go to the emergency room.*